

# Sharpen the Saw

## Physical

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Mental

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Spiritual

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Social/Emotional

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

# Roles and Goals

		Low → → → <b>URGENCY</b> → → → High	
↑ High ↑ ↑ ↑ <b>IMPORTANCE</b> ↓ ↓ ↓ ↓ Low	1 Urgent <b>and</b> important  <b>Do it now</b>	2 Important, but <b>not</b> urgent  <b>Decide when</b> to do it	
	4 Urgent, but <b>not</b> important  <b>Delegate it</b>	3 <b>Not</b> important and <b>not</b> urgent  <b>Dump it</b>	























